

Park University Track and Field Men's Outdoor Top Ten List

Men Outdoor Top Ten

100 METERS			
RANK	NAME	MARK	YEAR
1	Tim Brown	10.40	1985
2	Byron VonLeggett	10.45	1992
3	Shannon Graves	10.51	1992
4	Sadiki James	10.53	2009
5	Mike Cooper	10.54	1981
6	Kevin Hudgins	10.70	1993
6	Bryon Words	10.70	2000
8	Arries Scott	10.74	2006
9	Ron Pearl	10.74	1980
10	Johnnie Winston	10.77	1987

200 METERS			
RANK	NAME	MARK	YEAR
1	Byron VonLeggett	21.37	1992
2	Tim Brown	21.40	1985
3	Sadiki James	21.61	2010
4	Shannon Graves	21.63	1992
5	Kevin Hudgins	21.98	1993
6	Josh Shaffer	21.98	1999
7	Chris Pryor	22.15	1991
8	Gilbert Chapel	22.15	1989
9	Johnnie Winston	22.17	1988
10	Derrick Garner	22.22	1988

400 METERS			
RANK	NAME	MARK	YEAR
1	Chris Pryor	47.84	1991
2	Gilbert Chapel	48.20	1989
3	O'Keife Richards	48.34	2000
4	Tim Brown	48.60	1985
5	Arries Scott	48.74	2008
6	Craig Booker	48.75	1992
7	Mike Newton	49.29	1989
8	Devin Haddix	49.39	2006
9	Douglas Bell	49.50	2002
10	Vernon Harlan	49.51	1984

800 METERS			
RANK	NAME	MARK	YEAR
1	Craig Booker	1:51.04	1992
2	Mabior Atem	1:52.13	2004
3	Eddie Hicks	1:52.40	1985
4	Matt Magee	1:53.80	1989
5	Mike Jackson	1:54.29	1998
6	Mike Newton	1:54.88	1989
7	Emmanuel Ngega	1:54.97	1994
8	Ron Chisolm	1:55.24	1981
9	Jason Williams	1:55.39	2000
10	Jim Nelson	1:55.69	1982

1,500 METERS			
RANK	NAME	MARK	YEAR
1	Mike Jackson	3:50.98	1998
2	Mabior Atem	3:51.01	2002
3	David Mitchell	3:53.60	1982
4	Russell Morrell	3:54.90	1994
5	Lenin Guerra	3:55.99	1994
6	Joel Greener	3:58.92	1989
7	Jim Nelson	3:59.36	1983
8	Dave More	4:00.00	1985
9	Jim Springer	4:01.37	1987
10	Chris Hallinan	4:01.40	1980

STEEPLE			
RANK	NAME	MARK	YEAR
1	Chris Perone	9:06.14	1986
2	Phil Hoffman	9:25.90	1982
3	Dave Mitchell	9:32.24	1982
4	Scott Albregts	9:43.55	1987
5	Mabior Atem	9:44.39	2001
6	John Vest	9:45.99	1984
7	David More	9:49.31	1983
8	Jason Spreitzer	9:58.40	1997
9	Mike Jackson	9:59.09	1997
10	Joe Manning	10:05.20	1982

5,000 METERS			
RANK	NAME	MARK	YEAR
1	Lenin Guerra	14:31.16	1994
2	Chris Hallinan	14:41.80	1981
3	Jeremy Spreitzer	14:42.00	1998
4	Steve Hunter	14:51.00	1988
5	Mabior Atem	14:59.86	2003
6	Endashaw Yimer	15:02.24	2005
7	Daniel Tubei	15:02.91	2011
8	Phil Hudnell	15:15:20	1993
9	Brian Hoffman	15:17.00	1984
10	Mike Bongartz	15:17.12	1984

10,000 METERS			
RANK	NAME	MARK	YEAR
1	Jeremy Spreitzer	30:17.90	1998
2	Daniel Tubei	30:44.75	2011
3	David Mitchell	31:07.44	1981
4	Phil Hudnell	31:34.80	1994
5	Endashaw Yimer	31:38.81	2005
6	Thomas Chelulei	31:49.88	2011
7	Keith Longuski	32:02.70	2004
8	Chris Perrone	32:10.00	1984

9	Joel Chirchir	32:19.87	2010
10	Jaimal Sherqill	32:38.00	1988

HALF-MARATHON			
RANK	NAME	MARK	YEAR
1	Daniel Tubei	1:08.33	2011
2	Thomas Chelulei	1:12.31	2011
3	Mabior Atem	1:13.07	2002
4	Keith Longuski	1:13.10	2002
5	Jeremy Spreitzer	1:13.23	1997
6	Trey Crawford	1:15.38	2011
7	Will Zibers	1:17.25	2010
8	Art Vollbrecht	1:17.46	2011
9	Cordell Hylton	1:19.34	2009
10	Christian Hoffman	1:19.40	2011

MARATHON			
RANK	NAME	MARK	YEAR
1	Brad Webber	2:25.39	1984
2	Daniel Tubei	2:27.12	2011
3	Thomas Chelulei	2:32.05	2011
4	Blas Guerra	2:35.35	1985
5	Rusty Collins	2:45.33	1985
6	Tim Barney	2:46.22	1993
7	Jaimal Sherqill	2:56.00	1985
8	Bruce Wood	3:14.00	1979

HIGH JUMP			
RANK	NAME	MARK	YEAR
1	Adrian Davis	6'11.5"	1992
2	Denzel Williams	6'11"	2004
3	Herb Martin	6'10.75"	1992
4	Stephan Freidlefsson	6'6"	1981
5	Mike York	6'4"	1981
6	Andre Beverly	6'4"	1989
7	Lawrence Butler	6'4"	2006
8	Keith Zimmerkee	6'2"	1989
9	Bill Embry	6'1"	1979
10	Aaron Irvine	6'0"	1989

TRIPLE JUMP			
RANK	NAME	MARK	YEAR
1	Charles Nance	49'11.75"	1985
2	Rich Henry	49'5"	1990
3	Edward Hinton	46'7.50"	2008
4	Kevin Epps	46"	1980
5	Bill Embry	43'10"	1979
6	Scott Henning	43'3"	1982

LONG JUMP			
RANK	NAME	MARK	YEAR
1	Andre Beverly	23'11.50"	1989
2	Herb Martin	23'6"	1992
3	Lawrence Butler	23'2.5"	2005
4	Charles Nance	23'1"	1983
5	Edward Hinton	22'7.25"	2008
6	Aric Luman	22'7.25"	2011
7	Denzel Williams	22'7.00"	2003
8	Chris Kear	22'5"	1980
9	Kyle Conkling	22'4"	2006
10	Kenneth Brooks	21'11.25"	1991

SHOT PUT			
RANK	NAME	MARK	YEAR
1	Ken Burnett	48'5.50"	1984
2	Adam Beltran	45'3"	1996
3	Bill Embry	42'0"	1981
4	Scott White	41'5"	1980
5	Jeremiah Willies	38'1.5"	2005
6	Emmanuel Hoffman	38'3"	1990
7	Lawrence Butler	37'2.75"	2006
8	James Cole	36'9"	2000
9	Chris Burton	34'10.50"	1996
10	David King	32'1.25"	1995

DISCUS			
RANK	NAME	MARK	YEAR
1	Wayne Schope	167'4"	1985
2	Wamon Watson	163'1"	1994
3	Ken Burnett	147'0"	1984
4	Eliot Patridge	144'6"	1991
5	Bill Embry	130'4"	1979
6	Adam Beltran	126'9"	1996
7	Mark Swift	126"	1980
8	Emmanuel Hoffman	111'5"	1990

JAVELIN			
RANK	NAME	MARK	YEAR
1	Mark Swift	213'	1982
2	Steve Spencer	204'	1982
3	Robbie Masoner	190'10"	2004
4	Wayne Schope	188'1"	1984
5	Sean Fister	180'	1983
6	Elmer Becker	167"	1989
7	Berg Heskin	151'00"	2003
8	Mitch Black	141'3.5"	2005
9	Lawrence Butler	139'10"	2006
10	Jeremiah Willies	134'4"	2005

HAMMER			
RANK	NAME	MARK	YEAR
1	Robbie Masoner	152'3"	2004
2	James Cole	70'3"	2000

POLEVAULT			
RANK	NAME	MARK	YEAR
1	Sean Fister	15'10.5"	1983
2	Matt Hart	15'9"	1988
3	Lance Adams	15'6"	1984
4	Marty Hawkins	15'0"	1983
4	John Ford	15'0"	1983
4	Jon Gerlach	15'0"	1986
7	Rick Tucker	14'6"	1983
8	Ken Brown	13'6"	1982
9	Aaron Irvine	13'6"	1989
10	Joe Skaptason	12'6"	1982

110-METER HURDLES			
RANK	NAME	MARK	YEAR
1	Herb Martin	14.30	1992
2	Charles Nance	15.08	1993
3	Andre Beverly	15.10	1989
4	Jeramie Burns	15.17	2006
5	Lawrence Butler	15.59	2006
6	Deamos Taylor	15.71	2009
7	Jamie Neptune	15.81	1983
8	Antowin Edwards	15.99	1995
9	David Slavin	16.04	1981
10	Bill Embry	17.30	1979

400-METER HURDLES			
RANK	NAME	MARK	YEAR
1	Jeramie Burns	55.02	2006
2	Charles Nance	57.29	1983
3	Robert Bognar	57.66	2000
4	Luke Walkers	57.74	2009
5	Gareth Spencer	58.33	1990
6	David Slavin	58.40	1982
7	Mitchell Black	59.00	2005
8	Robert Pavlovic	59.19	2000
9	Andre Beverly	59.62	1989
10	Lawrence Butler	59.91	2008

4X100			
RANK	NAME	MARK	YEAR
1	Hinton, Scott, French, Pennington	41.18	2008
2	Groves, Scott, Haddix, James	41.78	2009
3	Graves, Short, Booker, VonLeggett	41.80	1992
4	Graves, Short, Booker, VonLeggett	41.83	1992
5	Parker, Scott, Conkling, Burns	41.83	2006
6	Hinton, Scott, French, Penninton	41.89	2008
7	Pryor, Weston, Graves, Short	42.05	1991
8	Words, Shafer, Richards, Jeffries	42.10	2000
9	Parker, Scott, Conkling, Burns	42.11	2006
10	Hinton, Scott, French, Pennington	42.18	2008

4X400			
RANK	NAME	MARK	YEAR
1	Salama, Booker, Fowler, Pryor	3:15.00	1991
2	Richards, Words, Shaffer, Jackson	3:15.17	2000
3	Richards, Words, Shaffer, Jackson	3:15.78	2000
4	Brown, Gregory, Hicks, Nance	3:16.06	1985
5	Pavlovic, Richards, Words, Shaffer	3:16.14	2000
6	Salama, Booker, Fowler, Pryor	3:17.05	1991
7		3:17.87	1990
8	Scott, French, Burns, Haddix	3:17.87	2006
9	Scott, French, Burns, Haddix	3:17.95	2006
10		3:17.97	1989

Updated on 6/7/2011

Park University Track and Field Women's Outdoor Top Ten List

Women's Outdoor Top Ten

100 METERS			
Rank	Name	Mark	Year
1	Jasmine Sampson	11.65	1996
2	Shurhea Mitchell	11.75	1992
3	Jackie Young	11.90	1992
4	Thelma Broxey	11.97	1992
5	Keisha Robb	12.10	2001
6	Natasha Kieser	12.17	1996
7	Tina Gaines	12.34	2009
8	Tami Freeman	12.36	1993
9	Angie Houston	12.46	1988
10	Carolyn Ross	12.53	1982

200 METERS			
Rank	Name	Mark	Year
1	Jasmine Sampson	23.40	1996
2	Keisha Robb	24.36	2001
3	Shurhea Mitchell	24.85	1992
4	Thelma Broxey	24.87	1992
5	Crystal Bethel	24.93	2003
6	Jackie Young	25.02	1992
7	Tami Freeman	25.14	1993
8	Keyon Harrison	25.28	2008
9	Gwen Elliot	25.43	1989
10	Natasha Kieser	25.50	1996

400 METERS			
Rank	Name	Mark	Year
1	Jasmine Sampson	54.14	1996
2	Tami Freeman	55.61	1993
3	Crystal Bethel	55.63	2003
4	Keyon Harrison	55.83	2008
5	Gwen Elliot	56.09	1989
6	Thelma Broxey	57.10	1992
7	Reagan Mackey	57.96	2006
8	Kimberly Brown	58.31	2010
9	Kecia Ward	58.43	1994
10	Maria Tutu	58.78	2010

800 METERS			
Rank	Name	Mark	Year
1	Romona Nicolls	2:11.24	2010
2	Sondra Ellis	2:16.00	1989
3	Sara Pitia	2:16.33	2006
4	Nikki Simmons	2:16.51	1998
5	Crystal Bethel	2:16.56	2003
6	Cathy Gebhards	2:17.00	1980
7	Maria Tutu	2:17.45	2010
8	Kimberly Brown	2:17.62	2010
9	Bernise Jackson	2:20.38	1983
10	Heather Jones	2:20.38	1992

1,500 METERS			
Rank	Name	Mark	Year
1	Mikki Massey	4:41.09	2001
2	Tammy Emerson	4:42.13	1991
3	Romona Nicolls	4:45.00	2010
4	Maria Medina	4:48.62	1993
5	Dina Yakata	4:50.59	2006
6	Nikki Simmons	4:51.24	1998
7	Jessica Ferguson	4:51.91	2003
8	Kimberly Brown	4:53.14	2010
9	Shannon Turner	4:53.97	2000
10	Sara Pitia	4:55.38	2006

3,000 METERS			
Rank	Name	Mark	Year
1	Mikki Massey	9:49.42	2000
2	Maria Medina	10:13.16	1996
3	Alex Harkins	10:48.14	2010
4	Shannon Turner	10:49.71	2000
5	Jessica Ferguson	10:53.17	2000
6	Hiedi Metz	10:55.40	1994
7	Rachel Fessenden	11:01.35	2009
8	Ayda Sandoval	11:16.81	1993
9	Janet Ringstaff	11:21.33	1995
10	Kim Crawford	11:22.69	1998

5,000 METERS			
Rank	Name	Mark	Year
1	Mikki Massey	17:15.09	2000
2	Maria Medina	17:38.17	1996
3	Alex Harkins	18:21.90	2010
4	Sue Decker	18:31.32	1981
5	Hiedi Metz	18:40.40	1994
6	Jessica Ferguson	18:46.51	2000
7	Rachel Fessenden	18:47.05	2009
8	Dina Yakata	18:48.40	2006
9	Ayda Sandoval	19:11.00	1993
10	Carol Roberts	19:15.48	1985

10,000 METERS			
Rank	Name	Mark	Year
1	Mikki Massey	35:32.78	2000
2	Lindsey McDonald	39:31.87	2011
3	Rachelle Peters	39:36.72	1988
4	Rachel Fessenden	41:47.34	2010
5	Sara Kennedy	42:20.10	1992
6	Sally Sack	42:59.10	2010
7	Becky Tackett	43:19.36	2005
8	Valerie Rappold	45:20.00	1982
9	Julie Munter	45:39.02	2010

MARATHON			
Rank	Name	Mark	Year
1	Mikki Massey	3:05.11	2001
2	Lindsey McDonald	3:24.10	2011
2	Sara Kennedy	3:29.31	1992
3	Becky Tackett	3:50.00	2004
4	Rachel Fessenden	3:58.06	2010

HALF MARATHON			
Rank	Name	Mark	Year
1	Mikki Massey	1:23.51	2000
2	Ashleigh Calvin	1:27.30	1998
3	Rachel Fessenden	1:29.53	2009
4	Lindsey McDonald	1:30.24	2011
5	Alex Harkins	1:31.32	2009
6	Heather Cruz	1:33.17	1998
7	Bethany Oyster	1:34.28	1998
8	Sarah Schmitt	1:34.36	1998
9	Elizabeth Grubbs	1:38.38	2010
10	Becky Tackett	1:39.05	2004

100-METER HURDLES			
Rank	Name	Mark	Year
1	Thelma Broxey	14.05	1992
2	Maggie Root	14.10	1980
3	Cathy Gebhards	14.45	1980
4	Shelley Rohr	14.81	1983
5	Shurhea Mitchell	15.31	1992
6	Cheryl Day	15.42	1981
7	Michelle Franklin	15.51	1992
8	Angie Houston	15.84	1988
9	Jennifer Payne	15.88	1999
10	Jacklyn Guess	16.51	2008

400-METER HURDLES			
Rank	Name	Mark	Year
1	Cathy Gebhards	58.78	1980
2	Maggie Root	62.35	1980
3	Erycka Fisher	62.77	2007
4	Celena Bibbins	65.47	2004
5	Michelle Franklin	66.24	1992
6	Wawinta Gaskin	67.90	1994
7	Rosalie Watkins	69.80	2003
8	Shelley Rohr	69.90	1983
9	Angie Houston	70.29	1988
10	Jennifer Payne	71.10	1999

4X100			
Rank	Name	Mark	Year
1	Broxey, Hicks, Young, Mitchell	47.19	1992
2	Sampson, Kieser, Gray, Von Rossem	47.40	1996
3	Brown, Mackey, Robb, Bethel	47.50	2001
4	Sampson, Kieser, Gray, Von Rossem	47.52	1996
5	Brown, Mackey, Robb, Bethel	47.67	2001
6	Sampson, Kieser, Gray, Von Rossem	47.95	1996
7	Broxey, Sampson, Young, Freeman	48.06	1993
8	Brown, Mackey, Robb, Bethel	48.18	2001
9	Broxey, Sampson, Young, Freeman	48.29	1993
10	Broxey, Hicks, Young, Mitchell	48.30	1992

4X400			
Rank	Name	Mark	Year
1	Means, Cruz, Sampson, Von Rossem	3:48.79	1996
2	Means, Cruz, Sampson, Von Rossem	3:49.16	1996
3	Brown, Mackey, Robb, Bethel	3:50.02	2001
4	Means, Cruz, Sampson, Von Rossem	3:50.62	1996
5	Bethel, Bibbins, Scott, Friends	3:52.74	2003
6	Brown, Mackey, Robb, Bethel	3:53.27	2001
7	Means, Cruz, Sampson, Von Rossem	3:53.36	1996
8	Mackey, Harrison, Pitia, Fisher	3:53.59	2006
9	Mackey, Harrison, Pitia, Fisher	3:53.83	2006
10	Bethel, Bibbins, Scott, Friends	3:54.52	2003

STEEPLE			
Rank	Name	Mark	Year
1	Jessica Ferguson	11:59.00	2003
2	Shannon Turner	12:22.40	2001
3	Melinda Jansen	13:01.10	2007
4	Becky Tackett	13:11.33	2007

HIGH JUMP			
Rank	Name	Mark	Year
1	Genesia Livingston	5'6.5"	1987
2	Ashley Taylor	5'2.75"	2011
3	Pam Pearson	5'2"	1984
4	Lisa Flood	5'2.5"	2001
5	Julie Johnson	5'0"	1981
6	Erin Holt	4'10"	1999
7	Jennifer Payne	4'9"	1999
8	Martha Bingle	4'8"	1986
9	Danielle Wade	4'5"	2001

LONG JUMP			
Rank	Name	Mark	Year
1	Keyon Harrison	19'3.5"	2006
2	Roshanda Cayette	18'10"	2000
3	Jelena Tasic	18'8"	2003
4	Thelma Broxey	18'7.25"	1992
5	Wawinta Gaskin	17'11"	1994
6	Maggie Root	17'10"	1981
7	Genesia Livingston	17'7.5"	1986
8	Tashauna Robinson	17'7"	2009
9	Tee-ka Johns	17'4.75"	1999
10	Celesta Hicks	17'3.75"	1993

TRIPLE JUMP			
Rank	Name	Mark	Year
1	Jelena Tasic	37'9.5"	2003
2	Tashauna Robinson	37'01.25"	2008
3	Roshanda Cayette	36'6.25"	2000
4	Celesta Hicks	36'1"	1992
5	Tee-ka Johns	36'2.25"	1999
6	Thelma Broxey	35'9"	1992
7	Teri Butcher	35'3"	1999
8	Nikki Ward	34'1"	2002
9	Genesia Livingston	33'8.5"	1986
10	Heather Jones	33'7"	1992

SHOT PUT			
Rank	Name	Mark	Year
1	Marion Washington	40'8"	1993
2	Jill Bonikowske	39'11"	1997
3	Carla Nelson	39'0"	1982
4	Rachel Knittle	38'9.5"	1996
5	Cathy Jerden	38'6"	1996
6	Lacey Brookshier	37'50"	2005
7	Sara Hulett	33'10"	2005
8	Rosetta Ross	32'5"	2006
9	Sydney Rennack	31'2.5"	2007
10	Gina Campos	30'1.5"	1992

DISCUS			
Rank	Name	Mark	Year
1	Rachel Knittle	128'6"	1997
2	Marion Washington	127'2"	1992
3	Gwen Johnson	126'9"	1985
4	Cathy Jerden	122'11"	1996
5	Lacey Brookshier	110'11"	2005
6	Moria Painter	107"	1999
7	Rosetta Ross	106'6"	2006
8	Gina Campos	103'	1992
9	Sydney Rennack	97'8"	2007
10	Karma Swoffer	96'9"	1981

JAVELIN			
Rank	Name	Mark	Year
1	Rachel Knittle	130'8"	1999
2	Dawn Havel	123'6"	1997
3	Mellessa Steffee	116'8"	1982
4	Debbie Smades	110'8"	1996
5	Tracy Luh	110'7"	1981
6	Melinda Jansen	102'	2006
7	Janee Townsend	99'8"	1996
8	Pam Pearson	98'8.5"	1984
9	Marion Washington	94'2"	1993
10	Kasey Scott	92'9"	2003

Updated on 6/7/2011