

**Men's and Women's Cross Country Results:
October 3, 2008
ESU Jock's Nitch 2008 Cross Country Meet:**

Women's Team Results: 5k Race

- 1st- Johnson County CC
- 2nd- MidAmerica Nazarene
- 3rd- Emporia State University
- 4th- Park University
- 5th-University of Nebraska-Omaha
- 6th- Baker University
- 7th- Lincoln University
- 8th- College of St. Mary
- 9th- Hutchinson CC
- 10th- Highland CC
- 11th- Sterling College
- 12th- Tabor College
- 13th-Longview CC
- 14th-Allen County CC
- 15th- Oklahoma Wesleyan University
- 16th- Cloud County CC
- 17th- William Jewell College
- 18th- Neosho County CC

Women's Individual Results: 5K Race

- 7th- Ramona Nicolls Time: 18:55
- 11th- Maria Tutu Time: 19:18
- 15th- Erycka Fisher Time: 19:41
- 18th- Keyon Harrison Time: 19:43
- 37th- Melinda Jansen Time: 20:52
- 87th- Alexi Pratt Time: 22:55

Men's Team Results: 8k Race

- 1st- Emporia State University
- 2nd- Johnson County CC
- 3rd- Baker University
- 4th- MidAmerica Nazarene University
- 5th- Cloud County CC
- 6th- Park University
- 7th- Hutchinson CC
- 8th- Missouri Valley
- 9th- Oklahoma Wesleyan University
- 10th- Neosho County CC
- 11th- Tabor College
- 12th- William Jewell College
- 13th- Highland County CC
- 14th- Allen County CC

Men's Individual Results 8k Race

20 th - Micah Conkling	Time: 27:09
31 st - Tyler Kranz	Time: 27:48
34 th - Trey Crawford	Time: 28:00
39 th - Will Zibers	Time: 28:24
54 th - Jake Fichman	Time: 29:08
55 th - Zach Towers	Time: 29:08.50
80 th - Nathan Raines	Time: 30:18
94 th - Eric Zorn	Time: 31:17
100 th - Zach Smith	Time: 32.26