

2009 CROSS COUNTRY RESULTS

BOB TIMMONS CLASSIC

SEPT. 5, 2009

WOMEN - 3RD PLACE - MEN 7TH PLACE
HOSTED BY THE UNIVERSITY OF KANSAS

Women's Individual Finishers:

8th- Romona Nicolls --19:45.25
14th- Rachel Fessenden --19:57.17
16th- Alex Harkins --19:57.88
23rd- Melissa Lyall --20:19.81
32nd- Kymie Roland --20:59.88
36th- Sally Sack --21:31.85
40th- Lindsey McDonald --21:45.71

Men's Individual Finishers:

28th- Micah Conkling --20:54.94
34th- Joel Chirchir --21:36.02
41st- Will Zibers --21:50.92
49th- Trey Crawford --22:09.34
60th- Dakota Olsen --22:56.19
61st- Tyler Kranz --22:56.81
62nd- Ben Zibers --22:57.24
74th- Cordell Hylton --23:29.67
77th- Zack Smith --24:08.01
78th- Casey Pryor --24:27.63

MISSOURI SOUTHERN STAMPEDE

SEPT. 19, 2009

WOMEN - 4TH PLACE - MEN 7TH PLACE
HOSTED BY MISSOURI SOUTHERN STATE UNIVERSITY

Women's Individual Finishers:

37th- Romona Nicolls --18:48.99
44th- Alex Harkins --18:52.93
66th- Rachel Fessenden --19:20.31
67th- Melissa Lyall --19:20.56
98th- Lindsey McDonald --19:56.25
110th- Kymie Roland --20:04.37
111th- Sally Sack --20:04.69
230th- Julie Munter -- 21:27.65
258th- Kelsie Sewell -- 21:51.26
309th- Kayla Smith -- 23:26.84
323rd- Diamonique Jordan -- 24:26.75

Men's Individual Finishers:

46th- Joel Chirchir --25:14.83
104th- Micah Conkling --26:11.63
195th- Will Zibers --27:15.73
209th- Trey Crawford --27:30.34
210th- Tyler Kranz --27:31.04
217th- Casey Pryor --27:39.80
249th- Cordell Hylton --28:18.66
266th- Dakota Olsen --28:42.26
288th- Zack Smith --29:15.30
78th- Casey Pryor --24:27.63

PARK INVITATIONAL

OCT. 3, 2009

WOMEN - 1ST PLACE - MEN 1ST PLACE
HOSTED BY PARK UNIVERSITY

Women's Individual Finishers:

1st- Romona Nicolls -- 19:29.62
2nd- Alex Harkins --20:14.93
4th- Kimberly Brown --20:35.69
5th- Rachel Fessenden --20:40.34
6th- Sally Sack --20:52.84
7th- Melissa Lyall--21:18.24
10th- Kymie Roland -- 21:37.78
11th- Julie Munter -- 22:01.65
19th- Kelsie Sewell -- 23:48.59

Men's Individual Finishers:

1st- Joel Chirchir --16:28.18
5th- Micah Conkling --17:05.84
6th- Will Zibers --17:13.71
7th- Tyler Kranz -- 17:18.60
10th- Trey Crawford -- 17:42.30
15th- Eric Zorn --18:01.06
17th- Cordell Hylton --18:18.21
19th- Ben Zibers --18:28.93
20th- Zack Smith --18:31.75

HASKELL INVITATIONAL

OCT. 10, 2009

WOMEN - 1ST PLACE - MEN 1ST PLACE
HOSTED BY HASKELL INDIAN NATIONS UNIVERSITY

Women's Individual Finishers:

1st- Romona Nicolls --18:55.49
3rd- Alex Harkins --19:25.71
5th- Kimberly Brown --19:49.48
6th- Rachel Fessenden --20:00.99
7th- Sally Sack --20:04.44
8th- Melissa Lyall--20:16.37
10th- Kymie Roland --20:36.99
11th- Lindsey McDonald -- 20:39.07
17th- Julie Munter -- 21:28.00
26th- Kelsie Sewell -- 22:24.82
38th - Kayla Smith -- 23:56.82

Men's Individual Finishers:

1st- Joel Chirchir --26:27.65
2nd- Micah Conkling --27:10.48
7th- Will Zibers --27:31.58
9th- Trey Crawford --27:54.17
11th- Tyler Kranz --27:57.80
22nd- Cordell Hylton --29:29.86
23rd- Eric Zorn --29:34.48
28th- Dakota Olsen --30:18.00
30th- Zack Smith --30:33.32

2009 YELLOWJACKET CLASSIC

OCT. 24, 2009

WOMEN - 1ST PLACE - MEN 3RD PLACE
HOSTED BY GRACELAND UNIVERSITY

Women's Individual Finishers:

2nd- Romona Nicolls --18:24
6th- Alexandria Harkins --19:27
10th- Sally Sack --19:46
13th- Rachel Fessenden --19:58
17th- Melissa Lyall --20:08
27th- Kymie Roland--20:31
29th- Lindsey McDonald --20:45
37th- Kimberly Brown -- 21:02
38th- Julie Munter -- 21:02
26th- Kelsie Sewell -- 22:24.82

Men's Individual Finishers:

12th- Joel Chirchir --26:55
13th- Micah Conkling --27:20
19th- Will Zibers --27:44
33rd- Trey Crawford -- 28:24
36th- Ben Zibers --28:38
45th- Tyler Kranz --29:03
56th- Dakota Olsen --29:32
58th- Cordell Hylton --29:38
74th- Eric Zorn --30:51

2009 AMC CHAMPIONSHIP

NOV. 7, 2009

WOMEN - 1ST PLACE - MEN 3RD PLACE
HOSTED BY MISSOURI BAPTIST

Women's Individual Finishers:

2nd- Romona Nicolls --18:30
4th- Alex Harkins --19:30
7th- Kimberly Brown --20:18
8th- Sally Sack --20:18
9th- Rachel Fessenden --20:34
12th- Kymie Roland--21:11
13th- Melissa Lyall --21:35
15th- Lindsey McDonald -- 21:59
19th- Julie Munter -- 22:31

Men's Individual Finishers:

7th- Joel Chirchir --26:32
11th- Micah Conkling --27:11
19th- Will Zibers --27:44
21st- Trey Crawford -- 28:32
24th- Cordell Hylton --28:45
25th- Dakota Olsen --29:09
26th- Tyler Kranz --29:13
31st- Ben Zibers --29:35
43rd- Eric Zorn --31:47